

# Grab and Go Activity Guide

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Wake County Cooperative Extension

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# What are Grab and Go Activity Bags?

They are individual bags filled with a single activity that children can put together in their home. The activities allow children to explore their creative side and learn educational fact. For example, June was National Safety Month so we created sailboats and facts about water safety.

## **Benefits**

You can engage a kid for quite a while with paper and crayons, but it's always fun to have a variety of items to keep them occupied. Grab and go activity bags are filled with inexpensive items with an educational or life lesson they learn from it. Grab and go activity bags are also a great idea for community groups for volunteer events. Since the activity bags are easy to make, you can assemble a variety throughout the week or month to give to those at the community event.

# Supplies for Grab and Go Bags

You can find the supplies you need for the Grab and Go Bags on websites like Amazon, Walmart, etc or from your local businesses (see slides 7-8 for more details) . The main thing to consider when planning grab and go bags is the price of each material that you need. If you do not want to shop online, a lot of the items used in activity bags are inexpensive and can easily be bought from the dollar store if that is what you choose to do.

Example: If you are making Spoon Ants for the kids to make at home, you will need 2 plastic spoons, 3 pipe cleaners, 1 set of googly eyes, and the instruction sheet.. If you are feeling extra, you can add markers to decorate the plain spoons. Most of the ideas for the activity kits come from Pinterest, 4H, and other youth programs. Not every activity kit assembly is identical, but



Roll over image to zoom in

## Amazon Basics Plastic Spoons, White, 250-Pack

Visit the Amazon Basics Store

★★★★★ 4,778 ratings

#1 Best Seller in Disposable Forks

Price: **\$12.98** (\$0.29 / oz) Prime FREE Delivery & FREE Returns

Get \$150 off instantly: Pay \$0.00 upon approval for the Amazon Prime Rewards Visa Card.

May be available at a lower price from other sellers, potentially without free Prime shipping.

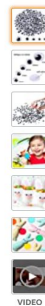
Style: **Spoons**

Forks Knives Soup Spoons **Spoons**

Size: **250-Pack**

1,000-Pack **250-Pack** 500-Pack

Color: **White**



Roll over image to zoom in

## DECORA 500 Pieces 6mm -12mm Black Wiggle Googly Eyes with Self-Adhesive

Visit the DECORA Store

★★★★★ 6,120 ratings

Amazon's Choice for "googly eyes self adhesive"

Price: **\$3.99** ✓prime & FREE Returns

Color: **500pcs**



- Material: Plastic Color: Black Quantity: 500 Pieces
- A bag contains 500 pcs wiggle eyes in 5 different sizes--6mm, 7mm, 8mm, 10mm and 12mm.
- Perfect for slime making and craft projects with kids and the wiggly part is the best part for the kids
- Wiggle eyes animate puppets, pet rocks, photos, drawings, just about anything
- These cute eyes are perfect for creating fun designs on puppets, dolls, birthday cards, and much much more

[Report incorrect product information.](#)



## Caydo 360 Pieces Pipe Cleaners 40 Assorted Colored Chenille Stems for Art and Crafts, Children's Craft Supplies (6 mm x 12 inch)

Visit the Caydo Store

★★★★★ 1,209 ratings

Amazon's Choice for "pipecleaners craft kids"

Price: **\$8.99** ✓prime FREE One-Day & FREE Returns

Number of Items: **360**



- Assorted Colors: Fixed vibrant colors total 360 pieces shall meet all your crafts need

- 250 Pack of Plastic Spoons = \$12.98 (2 per)
- 360 Pack of Pipe Cleaners = \$8.99 (3 per)
- 500 Pack (Self-adhesive) Googly Eyes = \$3.99 (2 per)

Total ≈ \$48 for 125 Completed Kits

# Soliciting Donation

If you do not want to buy everything online, another option is donations from local community partners like the grocery store down the street or a small owned business. One of the community partners that we had this past summer was the Target right around the corner from one of our sites. The manager donated a \$100 gift card that we used to buy more school supplies for our Back to School kit distributions.

To successfully get donations, you need to draft a letter to give to the business with your contact information, the organization you represent, background of the event, and the materials you are asking for. On the next slide, you will find a sample letter that we use for donations.

# Sample Letter

To: Whatever organization you are trying to get in contact with (example: Community Partners)

From: Your Affiliated Organization, Director or Supervisor overseeing the Grab and Go Drive

Date: Drafted Date

Re: What you are asking for (example: donations for Summer Feeding Program)

The body of the letter should include some background on your organization and what you plan to accomplish.

Signature and Contact Information of Supervisor

N.C. Cooperative Extension  
Wake County Center  
wake.ces.ncsu.edu  
  
4001-E Cary Drive  
Raleigh, NC 27610  
P: 919.250.1100



To: Community Supporters  
From: Sydney Klein Mierop, Food Security Program Manager  
Date: June 21, 2021  
Re: Donations for Summer Feeding Program

The NC Cooperative Extension – Wake County Center plays a coordinating role in the Summer Food Program, which seeks to increase access to meals during the time children are out of school. Our 4-H program in Wake County partners with this effort to provide engaging youth development at the open Summer Food Program sites to help lessen the summer learning loss that happens when youth are disengaged from learning activities during out of school time in the summer months.

In partnership with the Corporation for National and Community Service, we have AmeriCorps VISTA members who serve in important roles supporting the Summer Food Program. Our AmeriCorps VISTA members will be asking for your help in supporting the Summer Food Program by asking for support for back to school supplies for food insecure youth. We will distribute these resources over the next two weeks and are seeking the following items to build back to school bags: crayons, pencil cases, color pencils, notebooks, 3 ring binders.

Please consider supporting this important effort to reach youth with food and high-quality programs this summer.

Our office has an account at the NC Ag Foundation and we work with the NC Ag Foundation to support 4-H programs and the Summer Food Program. The EIN for the NC Ag Foundation is 56-6049304.

If you have any questions, please contact me. My email address is [heather.schaffer@wakegov.com](mailto:heather.schaffer@wakegov.com) and my telephone number is (919) 250-1093.

Thank you for your support!

A handwritten signature in black ink, appearing to read "Sydney Klein".

Sydney Klein  
[Sydney.klein@wakegov.com](mailto:Sydney.klein@wakegov.com)  
919-250-3795



# Sample Grab and Go Bag Activity

## Spoon Bugs



### Materials

- 2 Plastic spoons, attached
- Pipe cleaners (3 per bug)
- Googly Eyes

### Instructions

1. Make sure the spoon backs are facing up.
2. Wrap the three pipe cleaners around the spoon body.
3. Make sure to leave some of the pipe cleaners at the end to bend into legs.
4. To finish the bug, put on googly eyes with glue dots.



# Distributing Grab and Go Bags

Distribution depends on the event that you are hosting. Weather is not always on our side, so pay attention the days leading up to the event if it is outside. Always have a back up plan to prevent being stuck in bad weather.

- If it is in a meeting space, I would recommend tables spread out with information about any upcoming events and the grab and go activity bags. This reduces crowding in the area and helps move everyone else along.
- If it is curbside, I would recommend having a table for the grab and go bags to go on, a tent if it is sunny out, waters and snacks for volunteers, and information about any upcoming events you plan to host.
- If you are dropping them off in a neighborhood or community yourself, make sure to have a team of people for safety reasons. The team can be a minimum on 2, but 4 is a solid number so you can split up in pairs. Bring water and snacks to prevent injury and dress like you are going for a hike. After a while, walking door to door can feel tiring.